

Lake side-Cabot-Cosford Court-Troon-Gleneagles-Formby

3 Route 3

Follow walkway between Civic Centre car park and Lakeside Medical Centre to and turn right along side the lake. Follow the path round the edge as far as the footbridge. Do not cross the river but turn right to follow the shale track along and into Cabot Grove; bear left along Cabot Grove (across the end of Cook Close) to cross Shackleton Drive and along a short walkway to Tasman Grove [(3) B4]. Follow Tasman Grove (to the *second* Shackleton Drive). Cross to go ahead on the walkway to Cosford Court.

In front of the Green of Cosford Court turn left and follow walkways to the underpass and exit in public open space. Continue ahead (now on a shale track) with lake to the left over a footbridge to a crossroads of paths and turn left. Follow the shale track along side the lake to cross St. Andrews Drive.

Continue ahead along the track with the River Penk on the left and a mature hedge to the right. Just as the track curves slightly left to exit onto The Parkway, turn off right over a stile into the cul-de-sac end of Troon Court. Go along Troon Court and turn left along Gleaneagles Road to the junction with St. Andrews Drive.

Cross St. Andrews Drive diagonally left to go along a walkway between number 15 to the right and a vehicle access on the left to exit onto Formby Avenue. Turn left along Formby Avenue and at the cul-de-sac end follow the pavement as it bears off left behind a conifer hedge to the walkway that runs between Lytham Road and The Parkway. Turn left along this walkway, to, and across The Parkway. Follow shale track diagonally left to join the riverside path and go right along side the river and anti-clock wise round the lake keeping on “the new path” between the edge of the lake and the bushes, and across the decking to the walkway to the side of the Civic Centre.